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NEWSLETTER 2

2 October 2015

Dear Parents/Carers

There's a lot of information in this newsletter - please take the time to read through it all!

### **Harvest Festival**

We will be celebrating Harvest Festival next week with our Harvest Assemblies on Friday 9 October. We will again be asking for contributions of food and other items to donate to St. Petrocks in Exeter, to support their work with homeless people in the City. A letter will be sent home today with more information.

### **Friday Feasts**

Our very first Friday Feast this year will be held by some of our Year 3/4 classes - Ms Cashmore, Mrs Knapman, Mr Haggett and Mr Roddy - on Friday 16<sup>th</sup> October, from 3.25 p.m. in the Dining Hall - please come along and support. (Mrs Price and Mr Brook's classes will hold their Friday Feast on Friday 6 November.)

### **Parents Evenings**

Please note the dates for Parents Evenings:

Week commencing Monday 19 October - KS1 and KS2

Week commencing Monday 2 November - Foundation Stage

Foundation Stage and KS1 parents will be able to book a time slot with their child's teacher via the list which will be up on the classroom doors.

For KS2 parents, a letter will be sent home to arrange an appointment to meet with your child's teacher.

### **School Photographs**

The photographer will be in school on Wednesday 7 October. Can parents please ensure their child has their school sweatshirt in school on that day.

### **Maths Information Meetings for Parents**

Thank you to all the parents who came along to our Maths Information Meetings for Key Stage 1 and 2. We hope you all found them informative and helpful. Please keep looking at our Maths Blog on the website for more ideas on how to support your child's Maths learning.

### **Wanted - Rabbit Hutch**

Has anyone got a rabbit hutch they would be willing to donate to the school? Our guinea pigs are in need of a sturdy, waterproof hutch in good condition. If you are able to help, please speak to the office.

### **A few reminders . . .**

#### **Buggies in corridors**

Can we please remind parents that buggies should not be brought into the building. Parents of children in Foundation Stage and KS1 are asked to access their child's classroom by the outside classroom door and to park up any buggies outside. Thank you for your co-operation on this important health and safety issue.

#### **Consideration for our neighbours**

Can we politely ask all parents not to park in the approach road to the school gates, or in St. Phillips Court, when dropping children off at school in the morning or at the end of the school day. This is for the safety of all our children and visitors, as well as a courtesy to our neighbours.

Also we have been made aware of inconsiderate parking in other roads close to the school. We would ask that any parents who park in the surrounding roads at the start and end of the day take care not to block driveways. Thank you.

#### **Electronic Vapourisers**

Can we please ask that parents do not use electronic vapourisers within the school grounds.

### Worthwhile Causes

This term is the busiest in terms of support for worthwhile causes and we would like to thank you for supporting Jeans for Genes Day which raised a total of £248.

### Couch to 5K - Bowhill Running Group for Parents/Carers

After our very successful first Bowhill Running Club last term we have started our second Couch to 5K sessions for parents/carers on a Tuesday morning. Please see overleaf for full details.

### Extra Curricular Activities

Accompanying this newsletter is a list of the extra-curricular activities which are available to the children during the Autumn Term.

Have an enjoyable weekend,

Miss Caren Brooks  
Headteacher

*Don't forget to keep checking our website which we update with news, photos and links - [www.bowhill.devon.sch.uk](http://www.bowhill.devon.sch.uk)*

### **Dates for your Diary**

Please make a note of these dates in your diary.

- 7 October - School Photographs
- 16 October - Year 6 - Trip to Bygones, Torquay
- Friday Feast - Years 3/4 (Mr Roddy/Ms Cashmore/Mrs Knapman & Mr Haggett)
- Week commencing Monday 19 October - Parents Evenings (KS1 and KS2)
- 19 October - Literacy Meeting for parents of Reception children - 6.30 p.m. to 7.30 p.m. - Hall
- Monday 26 October to Friday 30 October - Half Term
- Week commencing Monday 2 November - Parents Evenings (Foundation)
- 6 November - Friday Feast - Years 3/4 (Mrs Price/Mr Brook)
- 13 November - Children in Need day
- 20 November - Friday Feast - Reception classes
- 7 December - Reception Nativity Performance - 2.30 p.m. - Hall } *Information about these*
- 8 December - Reception Nativity Performance - 9.30 a.m. - Hall } *performances will follow later*
- 15 December - KS2 Christingle Performance (*morning and afternoon performances, information will follow later*)
- 16 December - KS1 Christingle Performance (*morning performance, information will follow later*)
- 16 December - School Christmas Lunch
- 18 December - Last day of term



**Couch to 5K Running Group**  
**We're Back - Come and join us!**



Taking up running can seem like a scary prospect, especially if you feel out of shape or unfit. We have got together with Exeter City Football Club to support our parents with the NHS Couch to 5k plan. It is designed to get you off the couch and gradually work you up to running 5k, or for half an hour, in just nine weeks.

Couch to 5k is for everyone, whether you've never run before or if you want to get back into being more active. Probably the biggest challenge a novice runner faces is not knowing how or where to start. Couch to 5k works because it starts with a mix of running and walking, to gradually build up your fitness and stamina. Week one involves running for just a minute at a time, creating realistic expectations and making the challenge feel achievable right from the start.

The group will meet every Tuesday morning from 22 September outside the canteen at 9.15 a.m. for 9 weeks (with a week off for half term!) - all you need is some comfortable clothing and trainers. Refreshments will be available afterwards in the Community Room and the programme is free for our parents! Places are limited so please ring or text Kate Williams our Parent Support Adviser on 07879 045908, or email her on [kwilliams@bowhill.sch.uk](mailto:kwilliams@bowhill.sch.uk) to join up or if you would like further information.

